



February 2024

MIDDLE SCHOOL LUNCH MENU

= **NEW!** menu item

Lunch Prices
Paid: \$2.85

Available Daily

Pizza

Plain & Pepperoni

Grill

Hamburger

Cheeseburger

Chicken Patty

Spicy Chicken Patty

Chicken Nuggets,

Chicken Crispito, or Corn Dog

Grab & Go

Uncrustables PB&J (v)

Triple Decker PB&J (v)

BYO Pepperoni Pizza Bagel

Yogurt Pretzel Snack Pack (v)

Deli & Salad

May Consist Of:

Ham or Turkey Sandwich

Garden, Popcorn Chicken or

Chicken Caesar Salad

with **NEW** Weekly Features

Fruits & Veggies

Apples, Oranges

Raisins & Baby Carrots

100% Fruit Juices

Apple & Orange

Milk

Skim White, Skim Chocolate,

Skim Strawberry & 1% White

Menus are subject to change without notice.

**Powering
potential.**

| MON | TUES | WED | THURS | FRI |
|---|---|---|---|--|
| <p>We work with these companies that your family knows & trusts, to serve the highest quality products, formulated specifically for K-12.</p> | | | | |
| Pizza Dippers ⁵ with Marinara Sauce (v) | BBQ Chicken Tender Sub Melt with Fries ⁶ | Beef Tacos with Assorted Toppings ⁷ | Spaghetti Marinara with Meatballs & Texas Toast ¹ Apple Slices Roasted Carrots Pepper Strips | Buffalo Popcorn ² Chicken Mac & Cheese with Parmesan Flatbread Pears Corn Celery Sticks |
| Applesauce Green Beans Grape Tomatoes | Mixed Fruit Curry Fries Cucumbers | Banana Black Beans Side Salad | Pancakes (v) ⁸ with Sausage Apple Slices Tater Tots Pepper Strips | Chicken Mashed Potato Bowl with a Biscuit ⁹ Pears Corn Celery Sticks |
| Mozzarella Sticks with Marinara Sauce (v) ¹² Applesauce Green Beans Grape Tomatoes | Mini Corn Dogs with Waffle Fries ¹³ Mixed Fruit Waffle Cut Fries Cucumbers | Thai Chicken Noodle Bowl ¹⁴ Banana Steamed Broccoli Side Salad | Half Day ¹⁵ | School Closed ¹⁶ |
| School Closed ¹⁹ | Chicken Bacon Ranch Sandwich with Waffle Fries ²⁰ Mixed Fruit Waffle Cut Fries Cucumbers | Chicken & Veg Dumpling with General Tso Sauce over Fried Rice ²¹ Banana Roasted Carrots Side Salad | French Toast (v) ²² with Sausage Apple Slices Tater Tots Pepper Strips | Pasta Bar (v) ²³ with Assorted Toppings & Texas Toast Pears Roasted Broccoli Celery Sticks |
| Meatball Sub ²⁶ Applesauce Roasted Carrots Grape Tomatoes | Chicken Patty Sandwich with BASD Sauce & Pickle Slices ²⁷ Mixed Fruit Waffle Cut Fries Cucumbers | General Tso Chicken with Brown Rice ²⁸ Banana Steamed Broccoli Side Salad | Chicken Drumstick with Mashed Potatoes & a Biscuit ²⁹ Apple Slices Corn Pepper Strips | Don't forget, breakfast is FREE |

(v) = lacto-ovo vegetarian
may contain milk and/or eggs

For nutritional information, visit <https://bethpa.nutrislice.com/menu/>

For more information, visit us online at: <https://www.basdschools.org/dining>

Limited Time Offer – February 14th: Thai Chicken Noodle Bowl

A meal includes an entrée, fruit and/or vegetable and choice of milk.

To make a meal, students must select from at least 3 different food groups.
1 item must be a ½ cup of fruit or vegetable.

Meals without a fruit or vegetable, will be charged a la carte pricing.



This institution is an equal opportunity provider.

